

# Six Farms CSA @ Silverbrook Farm

## Approximate Shares

This is an attempt to provide our new shareholders with an idea of the variety and quantity that they can expect to receive during three selected weeks of the 19 week season. This reflects a good harvest with no natural disasters. Offerings may change from week to week depending on what is in season and quantities available. You will experience the fresh, seasonal harvest of New England.

### **FAMILY SHARE**

#### **Early Summer**

Salad Greens, half pound  
Peas, 1 pound  
Spinach, half pound  
Onions, 4 pcs.  
Strawberries, quart  
Kale, half pound  
Mustard Greens, bunch  
Our own Jam  
Honey  
Cheese (Local)

#### **Late Summer**

Salad greens, half pound  
Green Beans, half pound  
Corn on the cob, 6 pcs.  
Onions, 4 pcs.  
Blueberries, pint  
Peppers, 1 lb  
Beets, 4 pcs  
Heirloom Tomatoes, 2 lbs  
Red Tomatoes, 1 lb  
Husk Tomatoes, half pint  
Cucumbers, 2 pcs.  
Peaches, 1.5 lbs  
Currants, half pint  
Summer Squash, 2 pcs

#### **Fall**

Chard, bunch  
Grapes, 1 pint  
Corn on the cob, 6 pc.  
Onions, 4pcs.  
Asian Pears, 5 pcs.  
Peppers, 2 lbs  
Potatoes, 3 lbs  
Husk Tomatoes  
Apples, 3 lbs  
Winter Squash 2 pcs.  
Kale, bunch  
Garlic, 1 pc.

### **HALF SHARE**

#### **Early Summer**

Salad greens, quarter pound  
Peas, half pound  
Strawberries, 1 pint  
Kale, quarter pound  
Onions, 2 pcs.  
Mustard, quarter pound  
Our own Jam  
Honey  
Cheese (Local)

#### **Late Summer**

Salad greens, quarter pound  
Green Beans, quarter pound  
Blueberries, half pint  
Corn on the cob, 3 pcs.  
Onions, 2 pcs.  
Heirloom Tomatoes, 1 lb  
Red Tomatoes, 1 lb  
Peaches, 1 lb  
Summer Squash 1 pc.  
Cucumbers, 1 pc.  
Peppers, 1 lb  
Beets, 2 pcs.

#### **Fall**

Chard, bunch  
Kale, bunch  
Grapes, half pint  
Corn on the cob, 3 pc.  
Apples, 2 lbs  
Asian Pears, 3 pcs.  
Winter Squash, 1 pc.  
Chard, bunch  
Potatoes, 1.5 lbs  
Garlic, 1 pc.  
Peppers, 1 lb.